



Kent State Cheer and Dance Competition PENALTY & POINT DEDUCTION SHEET

TIME: (0.5 points deducted for every second over/under time requirements)

MUSIC TIME: _____ OVERALL TIME: _____ **TIME DEDUCTION =** _____

DEDUCTION FOR BOBBLES: # _____ x 0.5 = _____ **DEDUCTION**

TUMBLING	STUNTS/PYRAMIDS	JUMPS/OTHER
Hand touches the ground with no weight bearing	Minor bobbles that are saved	Fall after landing
Bent arms in BHS or prep	Flyers legs touch the ground on cradle	Jumpers hitting each other
Step out of tuck	One catcher falls to the ground	Teammates running into each other on the floor or pushing occurs
Hop forward/backwards	Early dismount	Stepping out of or not finishing dance skills
Standing/running tumbling is not executed properly	Missed connection of stunts/pyramid	Tripping
	Basket toss that loads and travels	

DEDUCTION FOR FALLS: # _____ X 1.0 = _____ **DEDUCTION**

TUMBLING	STUNTS/PYRAMIDS	JUMPS/OTHER
Standing/running Tumbling is not executed properly and a hand hits the floor and bears the weight of the body	Missed stunt/pyramid	Jump not executed
Tumbling not executed	Stunt/Pyramid falls to the ground	Jumps fall to the floor
Over rotations	Flyer fall to the ground	Falling out of dance skills
Landing on knees	Basket toss that loads but is not thrown or skill is not executed	
	Coaches (spotters) coaching/assisting on the floor	

DISQUALIFICATIONS:

Squads will be disqualified if a prohibited element has been included in their routine or for a violation of the safety guidelines (NFHS/USASF/KSU's Rules and Addendums)

Squads will be disqualified if they include an element that is not permitted in their skill division.

THIS INCLUDES THE WEARING OF ANY BODY JEWELRY AND/OR GLITTER!

TOTAL DEDUCTIONS = _____